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THE MAYAN TEMPLE LECTURES

NUMBER TWO
YOUR MEDITATION

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108

Beloved Centurion:

Let it be recorded here that the Mayan Companion in these degrees, represents to your Beloved Order the pure gold, - after refining, - after the dross is burned away. May you be Blest!

You who have remained in the Light of the Passwords of our Beloved Order, steadfastly and without turning aside; May You be Blest!

You, Honored Centurion, Companion, Beloved, - who have passed many tests along the Path, - tests of your determination, - tests of your preparedness to

receive; yes, even tests of your two inner-selves. Now you are atop a great pyramid, as suggested in the illustration above, and within the great portals of the pyramid. Now you are intellectually advanced and prepared to receive the hidden AND the written revelation of this new Lecture. As the picture suggests, you are Elevated above the ordinary person. Not vainly "better" than the persons on the lower levels, for modesty is a virtue; but surely Honored and Elevated, by virtue of your learning and application, by patience and worthiness. Thrice, May You be Blest!

And, according to the plan of The Temple Lecture Series, we herewith Dedicate to you, "The Thrice Blest Companions", this Solemn Meditation to Begin this Lecture.

MEDITATION AFTER DEDICATION

Repeat this solemn Invocation:

My thought is now fixed on the infinite reach of mind, and my own mind is poised for flight. As it reaches out and searches the unseen, first it gropes, then it SEES a light. The light SPREADS and GROWS, and SHINES INTO MY LIFE! I KNOW BY THAT, that I have made contact with the Mind of All Wisdom, and that I need NEVER be in darkness as LONG as I SEEK and FIND THAT CONTACT. Amen.

1. ATTUNEMENT

If it seems to you that in this and other lessons more than enough emphasis is placed on meditation, please remember that it is a "specialized" kind of SPECIALIZATION we mean. It would hardly be possible to OVERDO it, for "as a man thinketh in his heart, so IS he." You have set out to take the raw material of what you are and help God fashion YOU into a MASTER OF LIFE. Meditation will help you in two ways. FIRST, it is creative itself. SECOND, it is the BASIS of creative action on YOUR part. The secret of this meditation is attunement! - - - think on this!

Let us say that you have in your music-room a piano and a violin. One is in perfect tune. Let it represent God. The other is more or less in tune but not quite, or perhaps it is out of tune altogether. Let it represent yourself. If you take the instrument that is out of tune and proceed to tune it, whenever a string is brought into perfect accord with the other instrument and sounded, by the law of vibration the "perfectly" tuned instrument WILL ANSWER the note, without being touched. THAT is what happens in either true meditation or true prayer as it brings the human into accord with the Divine. Those who search for the secret of these two MARVELOUS PROCESSES, need look no further. The action of one, creates action in the other, even though the other is not even touched. Read it again. Test it! Prove it to yourself!

GOD is the Infinite Musician, and YOU ARE one OF HIS INSTRUMENTS. No matter how perfect a musician may be, what he can do with a given composition depends on the quality, condition, adequacy, and ATTUNEMENT of the instrument he must use. A great symphony, even when played by a master musician, does not sound like much if he has to play it on a little folding organ, especially if the organ itself is in bad repair and "out of tune". When God tries to play the incomparable symphony of

living, on ONE of us, the result depends on the same set of conditions, - be in tune!

We NEED to get OURSELVES, body and soul, in good repair and perfect tune, and KEEP them so. Fortunately that IS possible. We can improve our quality by bettering our lives in thought, word and deed. We can keep ourselves in the best condition by obeying the laws of God. We can increase our adequacy by refining and improving the powers we have and by adding more. We can KEEP IN TUNE by ruling our spirits well and by prayer and meditation.

Companionship and The Mayan Way

Two friends spend an evening together once a week. They have done that so long that both are now growing old. They used to spend the evening talking, but as time passes they talk less and less, because they UNDERSTAND each other MORE AND MORE. Sometimes they even spend most of the evening in silence. Then one rises quietly and says "goodnight". Yet it has been a real visit, and neither would "miss it for the WORLD". They have learned how to EXCHANGE IN THOUGHT the meanings that often lie TOO DEEP FOR WORDS. Whether or not much that was audible has been said, EACH FEELS that HE has HAD a GOOD TALK WITH THE OTHER.

In prayer we may or may not speak audibly. In meditation we never do. It is for those between whom and God, such an understanding has been DEVELOPED that WORDS are not ALWAYS necessary. If we are IN TUNE with the Divine we GET our answer, and we feel at the end of the period that we have actually HEARD from the spiritual side of the universe.

Several decades ago Ralph Waldo Trine published a book titled IN TUNE WITH THE INFINITE. The process we are discussing here was also its theme. The subject is even more widely understood today. More and more people are availing themselves definitely and actively of the high privileges implied in being children of God. Why stop at one of the way stations on the road to the Throne of Grace? Why not get back to the privileges and experiences of the prophets and apostles? What reason is there for assuming that any blessing was available to any generation that is not available to this one? Then why not go ALL THE WAY to the presence of the Infinite Himself? Is it not time for the writing of a NEW ACTS OF THE APOSTLES? Who knows but that it may become your privilege to contribute one of the chapters? Strange words? They are meant to inspire you! To make you think! To cause you to begin giving to the world of YOUR gift!

2. HOW IT WORKS

Just how do we tune in on God? We can do it whether we know how it is done or not. In the use of any machine we know that if we set certain dials and turn certain levers we get certain results. That is enough to BEGIN with. The main thing is to get started in actually DOING IT. Understanding of the process will probably grow with experience.

It is very much like the use of a radio receiving set. We begin by turning on the current, for we know we will get no response until there is a coursing of power between us and the sending station. Then we turn the tuning knob till we have the right vibration frequency. From the practical point of view that is all there is to it. As time goes ON we MAY learn that there are tuning coils hidden away in the mechanism, and that through THEM we find the electro-magnetic waves moving with the right rapidity to carry the program we want. But whether we EVER understand that or not, we get the station and the program it is sending just the same. Understand?

Reason suggests and experience demonstrates that each of us is equipped with the equivalent of a radio set more sensitive and powerful than any EVER made by man. Somewhere in our makeup IS an unseen dial WITH a set of tuning coils and A SELECTOR. We do not see them, and we know very little about them; but we CAN USE THEM. ALL we have to do is to USE OUR MINDS as though they were tuning knobs, and search till we MAKE THE CONTACT WE SEEK. We are THEN in tune with the Infinite. WHAT we receive depends on our "capacity", and its VALUE depends on whether we carry it out in action.

Meditation is a FORM OF THOUGHT, and thinking is a too much neglected power among us. Just having impressions, jumping to conclusions, and forming unconsidered opinions is not thinking. Thinking is reaching out and laying hold on the eternal truth. Of course, the results are likely to be vague in the beginning, but with time and effort they will begin to clear up and become more and more a pleasure.

A certain college professor used to advise the students who began work in his department to begin learning how to think. "Close your eyes and think a half hour every day", he used to say. "Get started along some line, and just think. Do not let the sights and sounds of the world interfere. If you can get onto the abstract plane, and think there sometimes, so much the better - but think." His was good advice, and looked to something without which there can be no REAL learning and advancement.

Though the body benefits from the process, as it always does from any wholesome attitude or activity of the mind, it is the spirit that must TUNE IN on the Infinite. As Whittier says in one of his poems of spiritual insight, sense must be dumb, and the flesh must retire, before we can hear the still small voice of calm. We do not depend on the physical senses in this experience. The eye of sense is blind and the ear of sense is deaf in the realm you now enter. You have to forget them for the time being. Let there be no tension anywhere. Deep answers to the call of deep only in the atmosphere of calm.

The Old Testament tells a rare story about how such a contact was made. The prophet Elijah, sorely pressed by his enemies, stood at one of those places in life where the help and guidance of Heaven are necessary. He took refuge in a cave, but he did not feel safe there. He received the impression that he must leave the cave and go and stand on a mountain - a better place to tune in on Heaven than a cave. There a wonderful thing happened. A strong wind rent the mountains and broke the rocks in pieces, but God was not in the wind. An earthquake shook the ground, but God was not in the earthquake. A fire swept the place, but God was not in the fire. Then came a still small voice, otherwise translated as

"a sound of gentle stillness", and God was IN that.

When that voice comes to you, as undoubtedly it will, it may be so still and small that there will be no sound at all, but only a consciousness. You must learn to recognize these flashes of superconsciousness, and not confuse anything else with them. And you must remember that they are wasted unless you move into the new territory they illuminate for you! That is, unless we DO the truth there is no use in knowing it.

3. MAKE IT POSITIVE

When we say make it positive we do not mean to be dogmatic about it, but to keep it dynamic. Keep it off the debit side of the ledger of life and out of the red ink. That is, do not mistake AIMLESS, DRIFTING REVERY FOR MEDITATION. Meditation is NOT a negative process, but an ALERT, ACTIVE ONE. It is NOT for sleepy hours, but for the times when our powers are at their BEST. We might say that REAL meditation is WORK, for it is something into which one must put all of himself.

Do not just sit down and set your mind adrift on an unknown sea. Chart a course and follow it, then you will not only arrive somewhere but you will also know your way back. Let us say you are going to meditate on beauty, or faith, or immortality; or on some GREAT expression of truth like a PROVERB, or a PSALM, or a WISE STATEMENT you have heard someone make; or a snowflake, or a rose, or a star. WHATEVER it is, it will give you a starting point. It may take you far, and even after you return you may want to keep trying to extend the voyage; for every single thing in the universe is related to every other thing in some way. It is this starting out on a road and KEEPING ON that leads to discovery and REVELATION.

YOU are seeking to learn from the greatest of all teachers in the greatest of all schools. One who is learning a lesson must concentrate on it, and listen with attention to what the teacher says, and perhaps take notes. It is a very good thing always to take a notebook and pencil into meditation, for while these super-conscious flashes are very brilliant they are also very easily forgotten unless noted down. That is because they are NOT ordinary brain processes, and do not have the brain's memory mechanism to catch and hold them. But in any case one soon will find that it is an active, living, creative thing he is doing.

In meditation you may be said to be in conference with the Infinite. Were you ever sleepy in a committee meeting, or in an important conversation where you needed to get the full force of every word spoken? Could you say afterward that your presence made much of a success. Neither will the gain be great from a conference with God in which you are less than at your BEST.

This conference with the Infinite is the most important KIND of a conference, for its purpose is to set up a plan and chart a course for your life, or to carry you farther on a course already begun. That is no time to drift and doze.

It is a conference seeking the best adjustment to the universe, the most PERFECT harmony. YOU ARE TRYING TO REALIZE YOUR BEST SELF. You have had clashes in your thinking and your affairs, and you want to take the "chatter out of the machinery". Or you have been imperfectly connected with the source of power. These you are seeking to correct. That is not done by a drifting mind.

You are engaging in an exploration! What a busy process the preparation for an expedition is! Everything has to be thought of and prepared for. Everything has to be done just right. Above all, the expedition must not drift. It must MOVE under the best guidance available.

The finding of the new world by Christopher Columbus was not done by aimless drifting. Columbus was an expert navigator, and he had kept watch with the source of truth until he had a very definite IDEA where he was going. His sailors were afraid, and all the more so when they entered wholly unknown waters; but the command of the great explorer, even in the face of mutiny, was to sail on.

YOU are seeking more than a hemisphere or a continent. You are reaching out with your mind and EXPLORING the universe with ALL its strange vastness and overpowering wonder. YOU are trying to penetrate to the very throne of THE ETERNAL. That is no passive process, and it will never be accomplished with a static attitude. An enterprise so challenging should set EVERY power ATHRILL and AGLOW.

Have you ever watched a painter at work? He was in no passive and drifting mood. He had chosen a time to work when his powers were alert, his eye keen, and his imagination active. You are painting a picture in your meditation, a picture of what YOU ARE GOING TO BE AND DO. You will have to build your thought patterns under the SAME conditions.

Remember that the negative is your enemy. It would put a minus sign before your work and cancel out its value. That is WHY we say, make it POSITIVE.

4. FOCUS IT

Everyone knows the difference between a sharp photograph and what is called a fuzzy one, and most people know that the difference is poor and good focusing. The distance between the lens and the film must be in exactly that proportion to the distance between the lens and the object to be photographed, to make a sharp, clear image. The nearsighted or the farsighted eye is simply the eye of the camera out of exact focus, and therefore making a "FUZZY IMAGE".

In former days the photographer covered his head with a cloth to provide darkness and to adjust the bellows of his camera backward and forward until the image was in correct focus on a ground glass screen. Then a sensitive plate took the place of the ground glass, and the exposure was made. The modern camera man only has to turn a knob or adjust his focal distance to a range finder, but he still has to search till he finds the right focus.

MEDITATION is SEARCHING for the RIGHT FOCUS of the MIND on a TRUTH. The person doing it changes his range until he finds the CLEAREST IMAGE, but he keeps the lens turned on the same object. That is to say, if you are meditating on a given subject or thing, KEEP WORKING WITH IT till it comes out CLEAR and DISTINCT; but do not shift around from one thing to another. Work with ONE thing till you are through with it, at least for the time being. In other words, CONCENTRATE!

One Sunday afternoon the writer was taking a walk in the country some ten miles from a certain city at the center of which stands a tall monument. He stopped and for some reason stood looking toward the city, perhaps being led to do so in

order to learn a lesson. All he could SEE was the smoke hanging over the city, and indeed he was not trying to see anything in particular. After gazing at the same spot for a minute or two, an image came out against the sky. It was the shaft of the monument surmounting the tops of most of the buildings. He had kept his eye turned on the same spot long enough for it to find the focus of that monument ten miles away. If he had scattered his gaze that would not have happened. It would not have mattered, except that he would not have learned that we never know WHAT is going to be found in a given area till we keep our EYES or our MINDS trained on it LONG ENOUGH to bring everything into focus. Do not give up easily! Keep LOOKING till, for that time at least, you have exhausted the possibilities. Then try some more! Don't quit without attaining something!

The same thing happened to the eyes of your Instructor another time. It was during the first World War. He was on the beach at Far Rockaway near New York City. Again he trained his eyes out into the gray mist hanging over the Atlantic, and for the time being there was nothing else there. Then all at once, like an image coming out under the developer on a photographic plate, a great ship stood out against the sky, a troop transport on the way to France. Again the eye, at first blind to what was there, had at last brought the object into focus. The same thing happens to the mind when it is TRAINED on a given area of thought. The reason some turn away saying they see nothing in it, is that they have not looked long enough to bring their minds into FOCUS. Even after one does so the image may be fuzzy until one gets the CORRECT ADJUSTMENT! THEN, EVERYTHING becomes CLEAR! That is the way to obtain REVELATIONS of your own!

The constellation of Orion was one of the first to suggest a picture to the imaginative mind of man. Astronomers, long trained their constantly improving telescopes on the various stars in it, including the giant Betelguese. Then, one noticed a bright area at the left between the belt and the sword. The examination continued, and there was found a great, gaseous nebula SO VAST that it takes a beam of light twenty-five years to cross it; though LIGHT moves at a rate above 185,000 miles a second! It was found because man kept looking into that part of the sky for something more! Bless you, my Beloved Companions, the mind catches sight of ITS wonders in the same way.

CHOOSE an object, a SUBJECT, an IDEA, a PROBLEM, and hold your mind on it. Do not let your thoughts scatter. If you find your mind wandering, BRING IT BACK INTO LINE. Paths of interest WILL branch off in every direction, for ALL THE UNIVERSE IMPINGES ON THAT ONE THING. LATER, you may follow some of those lines, but do NOT do it now. HOLD YOUR GAZE till your mental eye has searched out everything in that field, at least everything you can see now. You will discover more and more what a wonderful thing it is to live and to have the universe to live in. Miraculous Blessings ARE yours!

5. AFTERTHOUGHTS

Realize that your life is MEASURED by YOUR consciousness of the universe ... the universe Being the Thought of the Infinite Mind, energized into being. One can "measure his life by his own dooryard", ... but that is a pity when he has INFINITY to range in. Greatness is no "accident" or "stroke of fortune". It is to have a GREAT range of thought, UNDERSTANDING, sympathy, and EFFORT. How great YOU are, and ARE TO BE, ... depends on the efforts YOU HAVE MADE and WILL make to develop YOUR

SOUL REACH! Amen!

Keep conscious of the SPIRITUAL SIDE of the universe as well as the physical one. The SPIRITUAL side is the GREATER because it INCLUDES THE POSSIBLE while the material side includes only the actual. One who does not take possibility into account is NO TRUE REALIST, for the possible is just as REAL as the ACTUAL is. More and more, the instruments and methods of science are penetrating the material universe and its mysteries. ONLY the insight developed by prayer and meditation CAN penetrate the SPIRITUAL UNIVERSE AND ITS MYSTERIES. That is what YOU are undertaking now!

As you PROCEED you will develop a great faith, for here one must walk mostly by faith. Nothing else will do so much to empower and illuminate YOUR life as FAITH WILL. "The substance of things hoped for", ... it CREATES models of hope and proceeds to BUILD into them the OBJECTS OF HOPE'S DREAMS. "The evidence of things not seen", it gives promise in the emptiness of today of what shall be in the FULNESS OF TOMORROW!

Let your mind range as far as it will, - without forcing. It is FREE, and it has LIMITLESS FIELDS TO ROAM. To the child, his house and garden are the world. The street past the house and the road over the hill are things of mystery. In time the day comes when he CHALLENGES THAT MYSTERY and GOES to SEE where the road leads. Perhaps, - in time he ranges continents and seas. So it is with the SOUL, as it keeps trying the LONGER roads it finds, and BUILDING ROADS where it finds none, EACH STEP FORWARD ADDING SOMETHING TO ITS WORLD!

Learn to THINK and FEEL in ALL three dimensions, for they ALL belong to life. Too often we think of life as having ONLY LENGTH, but that is an EXTREMELY LIMITED IDEA of it. "Comprehend what is the length - and breadth - and height", - said St. Paul, till we ALL attain unto a FULL GROWN MAN. To the Master the Length of life is a secondary consideration. He knows he will live in this phase of life long enough to ACCOMPLISH what he CAME TO DO, - and that the sunset will ONLY lead to ANOTHER sunrise. But, - the breadth, and height, and depth of living for him are EXTREMELY IMPORTANT CONSIDERATIONS. Indeed its length, depends much upon them.

BE FAITHFUL and REGULAR in your SPIRITUAL EXERCISE, for THAT is what it is. The habit will grow more and more easy and natural. It is CUMULATIVE too. You get compound interest on the efforts you make. The HARVEST is greater EVERY time it comes around. But be in earnest about it all. It is NOT a diversion that you are attempting, but a WAY OF LIFE.

Your meditations will do MORE to give you balance and poise than ANYTHING else can. As you come to live in the wider reaches and the greater heights, the petty and the mean drop out of your world. The masters of the centuries have been able to be content in all conditions, for they had nourishment, lesser souls knew not of. They have been able to endure whatever came to them, because they were thinking and living for eternity! One who dwells with the stars cares little WHAT TEMPESTS sweep the ground.

YOU will now BEGIN to discover what truth is, and how vast it is - vast, invincible, unchangeable! One day YOU WILL DISCOVER that it HAS SET YOU FREE from the trammels of the world, from things less than truth. Barriers and frustrations keep

us only from the minor things. To the GREAT ONES, TRUTH keeps the roads open.

"Truth crushed to earth shall rise again.
The eternal years of God are hers.
But error wounded writhes in pain,
And dies among her worshipers."

Do not fail to APPLY the results of your meditation in your affairs and relationships. As you discover the meanings of the universe, bring THEM to bear on ALL you have to do and deal with in this PRESENT world. Thus, YOU become a kind of mediator between the unseen and the seen, between the actual and the possible, between the ideal and the real. This is a Mandate to You and Your Powers today! A Call to the innermost YOU, within you my Beloved Companion!

Let us close this Lecture with this Master Prayer:

I stand in reverence before Thy universe, O Eternal One, for it is vast! In the face of the greatness of Thy creation, what is man that Thou art mindful of him? Yet, THOU art mindful of him; for Thou hast planted in him the greatness of THINE OWN IMAGE. Help me to EXPRESS it, and THUS HELP OTHERS the better to do so. Receive my love and praise. Amen.

May the Great Spirit, who Created all the Vast Universes of ALL SPACE be made Aware Within You. May you become aware of the Truth that You are within the All, ... and that "The All is within you"; with its great, Creative Power, available to you through Prayer and Illumination.

Verily,

Your Class Instructor.

With this further Dedication, in Prayer and Meditation and Attunement, You are Progressed on This Illustrious Path. More, a Great Wealth More, is Ahead on Your Mayan Path.

Your Next Mayan TEMPLE LECTURE is Devoted to
These Seven Subjects. They are Quite Valuable to You!

YOUR READING

To Bear The Soul Away
Guided Meditation
Choosing Reading

The Bible
Along The Way
and a Master Prayer

The Temple Lectures are a very important part of Mayanry and Your Development. Make the MOST of them in Your Life EVERY DAY. Tell others these teachings, for only by Multiplying the Message, will You Truly Grow.